



**Meeting Minutes**  
**Texas Council on Alzheimer's Disease and Related Disorders**  
**Meeting Minutes – October 3, 2016; 11:00 a.m.**  
**Texas Department of State Health Services**  
**1100 W. 49<sup>th</sup> St., Austin, TX 78756**  
**Moreton Building, room M-653**

The Texas Council on Alzheimer's Disease and Related Disorders (Council) met on Monday, October 3, 2016, at the Texas Department of State Health Services, 1100 W.49<sup>th</sup> St., Austin TX 78756.

**Council Members Present**

Lisa B. Glenn, M.D.  
Debbie Hanna, Chair  
Rita Hortenstine  
Valerie J. Krueger  
Toni Packard  
Nancy Walker  
Melissa L. Edwards  
Laura DeFina, M.D.  
Francisco González-Scarano, M.D.  
Carlos Escobar, M.D.  
Kathlene E. Camp, P.T., D.P.T.

**Council Members Absent**

The Honorable Clint Hackney, Vice-Chair  
Susan Rountree, M.D.  
Kate Allen Stukenberg  
Ronald Devere, M.D.  
Marc Diamond, M.D.

**Guests Present**

Carleigh Baudoin, M.P.H., DSHS - Health  
Promotion and Chronic Disease Prevention  
(HPCDP)  
Richard Kropp, DSHS - HPCDP  
Mack Harrison, DSHS – Office of General  
Counsel  
James Crowson, Attorney General's Office

**Program Staff Members Present**

Lynda Taylor, DSHS - HPCDP

**1. Welcome/Call to Order/Roll Call/Excuse Absent Members**

Debbie Hanna called the meeting to order at 11:25 a.m. Lynda Taylor certified roll, and a quorum was present. Members and guests were welcomed. Ms. Hanna excused absent members.

**2. Introduction of new members**

Ms. Hanna introduced new Council members appointed by the Speaker of the House.

- **Kathlene E. Camp, P.T., D.P.T.**, Adjunct Professor and Instructor for the Center of Geriatrics in the Institute for Health Aging at the University of North Texas Health Science Center (UNTHSC) in Fort Worth, Texas.
- **Francisco González-Scarano, M.D.**, Dean of the School of Medicine and Vice President for Medical Affairs at the UT Health Science Center at San Antonio.
- **Marc Diamond, M.D.**, is the founding Director of the Center for Alzheimer's and Neurodegenerative Diseases, and is a Professor of Neurology and Neurotherapeutics at UT Southwestern.

**3. Approval of Council Minutes from the March 3, 2016, Meeting**

Ms. Hanna asked Council members to review the minutes from the March 3, 2016, meeting. Rita Hortenstine, moved that the minutes be approved as presented. Dr. Carlos Escobar seconded the motion. All were in favor, and the March 3, 2016, meeting minutes were approved as presented.

**4. Department of State Health Services (DSHS) Update**

Richard Kropp, Acting Section Director for Health Promotion and Chronic Disease Prevention (HPCDP), provided updates from DSHS.

Carleigh Baudoin is the new Manager for the Chronic Disease Branch of the HPCDP.

Phase Two of the Health and Human Services (HHS) transformation will be complete by September 1, 2017, and the number of DSHS divisions will be reduced from six to three according to the current interim organizational chart. The HPCDP will be under the Division for Family and Community Health.

A 4% cut in legislative appropriations for Chronic Disease was proposed, which will impact programs related to kidney disease, cardiovascular disease and stroke and preventable hospitalizations.

## **5. Texas Alzheimer's Disease State Plan (Plan) Update by Co-Chairs**

Rita Hortenstine and Lynda Taylor as co-chairs provided an update on the Plan.

Ms. Hortenstine gave a brief history of the Council.

- The Council was established by the Texas Legislature in 1987 to serve as the state's advocate for people with Alzheimer's disease (AD) and those who care for them.
- In 1999, the 76<sup>th</sup> Texas Legislature mandated that the Council establish a consortium of AD centers, which is now known as the Texas Alzheimer's Research and Care Consortium (TARCC). TARCC is the first statewide coordinated AD research effort in Texas funded to create and expedite groundbreaking research into the cause and prevention of AD through a cohort of more than 1700 active participants. The funded AD efforts in Texas are named the Darrell K Royal Texas Alzheimer's Initiative.
- In 2005 the Texas Legislature approved the first appropriations for TARCC-funded efforts named in honor and memory of the iconic Texas football coach Darrell K. Royal.
- In 2008 the Council formed the Texas Alzheimer's' Disease Partnership (Partnership) of over 150 volunteers to assist the Council in planning, coordinating and implementing statewide strategic planning in Texas.
- In 2010 the Council launched the first Texas State Plan on Alzheimer's Disease. This was the first state plan to include a prevention goal. The Partnership has promoted the Plan and worked to implement projects involved in prevention, care and research. The Council is now updating the Plan.
- The TARCC Investigator Grant Program was developed to attract and expand research efforts in Texas by awarding more than \$1 million in grants to Texas-based AD researchers for novel research and discovery in AD.
- The Texas CARES program is being developed as the first model program in Texas to establish memory capable communities and support for persons with AD and family caregivers.

The co-chairs described the structure for the updated Plan. The overall objective is to enhance the current Plan and make Texas a dementia friendly and memory capable state. Together these two ideas create our Texas vision. Feedback from the Partnership indicated the importance of using the phrase dementia friendly. Dementia friendly addresses all of the domains of the Plan, a person-centered approach and caregiver wellness. Memory capable highlights previous work on prevention and preserving memory as long as possible for those with dementia.

The co-chairs are guiding the Steering Committee to determine the best course for the Plan based on available resources. The Plan Steering Committee Members are

Caregiving

Alan Stevens, Ph.D.

Baylor Scott & White Health

Texas A&M Health Science Center College of Medicine

Disease Management

John Bertelson, M.D.

Seton Brain and Spine Institute

University of Texas – Dell Medical School

Science

Diana R. Kerwin, M.D.

Texas Alzheimer's and Memory Disorders

Texas Health Physicians Group

(Dr. Rachelle Doody was the former chair but has accepted a position in Switzerland.)

The Plan includes priority goals for the domains of Dementia Friendly Communities, Prevention and Aging Well, Disease Management, Caregiver Support and Science. These goals are similar to the current plan, inspired by the Texas Cancer Plan format and is informed by the Steering Committee. There will be a section regarding the basics of dementia friendly communities that is based on material from Dementia Friendly America and will provide information for many sectors of a community. Together these two sections will encourage and empower all Texans to take action on AD in their communities.

Dr. González-Scarano indicated the need to acknowledge diseases and conditions other than Alzheimer's disease.

Dr. Escobar indicated the need to address stigma regarding dementia.

## **6. Texas Alzheimer's Research and Care Consortium (TARCC)**

- a. Dr. Rachelle Doody of Baylor College of Medicine has resigned from the TARCC Steering Committee as she has accepted as position in Switzerland.
- b. Ms. Hanna called for a motion to approve the nomination of Dr. Valory Pavlik as the Baylor College of Medicine Steering Committee member. Melissa Edwards moved that Dr. Pavlik be appointed the Baylor College of Medicine Steering Committee member. Ms. Hortenstine seconded the motion. All were in favor, and the nomination of Dr. Pavlik as the Baylor College of Medicine Steering Committee member was approved.

- c. An extension has been granted for the report from the Texas A&M University Grant Program.
- d. Ms. Hanna provided a handout regarding the External Advisory Committee Recommendations, June 5-6, 2016, Review of TARCC. Dr. Munroe Cullum could not attend today. The TARCC Steering Committee and all of the sites have reviewed the Recommendations, and there are no disagreements.
- e. Ms. Hanna called for a motion to approve the nominations of Dr. Munroe Cullum and Dr. John Hart as External Advisory Compliance Committee Co-Chairs. Dr. Laura DeFina moved that Dr. Munroe Cullum and Dr. John Hart be appointed as External Advisory Compliance Committee Co-Chairs. Dr. González-Scarano seconded the motion. All were in favor, and the nominations of Dr. Munroe Cullum and Dr. John Hart as External Advisory Compliance Committee Co-Chairs were approved.

**7. Time and Date for Next Council Meeting**

The next meeting of the Council has not yet been determined.

**8. Public Comment**

There was no public comment.

**9. Adjourn**

The meeting was adjourned at 1:00 p.m.

# Texas State Plan on Alzheimer's Disease 2016-2021 - Update

Alan Stevens, Ph.D.  
John Bertelson, M.D.  
Rachelle S. Doody, M.D, Ph.D.  
Diana Kerwin, M.D.  
Rita Hortenstine  
Lynda Taylor, M.S.W.



# Steering Committee



## Caregiving

Alan Stevens, Ph.D.

Baylor Scott & White Health;

Texas A&M Health Science Center College of Medicine

## Disease Management

John Bertelson, M.D.

Seton Brain and Spine Institute;

University of Texas – Dell Medical School

## Science

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Rachelle S. Doody, M.D., Ph.D.

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State Plan 2010-2015



Putting  
the  
Pieces  
Together

*A Comprehensive Plan  
for Addressing the Burden of  
Alzheimer's Disease in Texas*  
2010 – 2015  
Texas State Plan on  
Alzheimer's Disease





## State Plan 2010-2015



- First for Texas
- Set the groundwork for priority AD issues
- Includes prevention
- Council and Stakeholder planning groups
- Opportunity to learn how to move forward

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## State Plan 2016-2021



### Texas State Plan on Alzheimer's Disease 2016-2021

Making Texas  
Dementia Friendly  
& Memory Capable



A project of the Texas Department of State Health  
Services and the Darrell K. Royal Texas  
Alzheimer's Initiative



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## Steering Committee



### Caregiving

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Baylor Scott & White Health;

Texas A&M Health Science Center College of Medicine

### Disease Management

John Bertelson, M.D.

Seton Brain and Spine Institute;

University of Texas – Dell Medical School

### Science

Diana R. Kerwin, M.D.

Texas Alzheimer's and Memory Disorders

Texas Health Physicians Group

Rachelle S. Doody, M.D., Ph.D.

Baylor College of Medicine (formerly)

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## Perspectives



- Dementia Friendly = All aspects of dementia

- Apply principles to all domains and goals
- Person-centered approach
- Caregiver wellness

- Memory Capable = Prevention

- What current research indicates
- Aging well
- Preserving memory as long as possible for those with dementia

\* Informed by Partnership Surveys

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## Two main sections of the Plan



- Priority Goals based on the five domains
  - Similar to current plan
  - Inspired by Texas Cancer Plan format
  - Steering Committee
- Basics of Dementia Friendly Communities
  - Sector Guides
  - Dementia Friendly America

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## Dementia Friendly



Supporting those with dementia and their families by learning about dementia; creating respectful and safe environments; adopting dementia friendly concepts in daily life, business practices and services; and promoting awareness and person-centered approaches within the community.

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## Memory Capable



Promoting evidence-based information about maintaining brain health, preserving memory for those with dementia for as long as possible, and supporting prevention research.

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## Texas Vision



**Texas is becoming dementia friendly and memory capable.**

*Texas will educate the public, healthcare professionals and healthcare systems about memory disorders to facilitate the understanding and application of prevention approaches, early detection, diagnosis, and long-term management of such disorders. Texas will integrate the newest and best scientific information, clinical practices, experimental therapeutics and sociological models to provide an environment in Texas where every citizen can recognize and expect the highest quality of care and where members of society will be educated and empowered to support people with memory disorders as well as their caregivers and loved ones.*

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## Five Domains



- Dementia Friendly Communities
- Prevention & Aging Well
- Disease Management
- Caregiver Support
- Science

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## Goal of the Plan



The goal of the plan is to empower Texans with the information and tools they need to be dementia friendly champions in their own communities and organizations and to support prevention approaches.

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## Community Champions



Encourage Texans to become champions in their communities and organizations

- Learn about the needs of those living with dementia and their caregivers
- Understand current knowledge about prevention
- Play a role in transforming their communities to support those with dementia
- Contribute to the AD priorities listed in the plan

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## Call to Action



Texas is ready to take the powerful step of becoming a dementia friendly and memory capable state. All Texans can play a part, and we will help you understand ways you can get involved.

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- Takes Texas to a new level
- Represents the collective impact of all Texans – Share the responsibility
- Join a national effort to create dementia friendly communities

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- Individual Texans
- Those living with dementia
- Family Caregivers
- Professionals
- Organizations
- Businesses
- Healthcare systems
- Legislators
- Coalitions of all kinds

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## Activities of the Plan



- Recommendations include priority goals, strategies, projects
- Recommended evaluation for projects
- Guides for what you can do in all areas of your community – non traditional partners
- You choose what you can do in your community

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## Design Features



- Plain language
- Shorter narrative – key points and information
- Easier on the eye
- Prevention education tear out
- Use the plan like a workbook
- Create support documents available separately to reduce the bulk of the content

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## Priority Goals based on the five domains

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## Priority Goals

### The Seventeen Priority Goals

|  |
|--|
| <b>Thematic Priority: Communities</b>  |
| Goal 1: Increase the number of communities adopting evidence-based strategies to improve the lives of persons living with dementia and their family caregivers |
| <b>Thematic Priority: Prevention &amp; Aging Well</b>  |
| Goal 2: Increase awareness of current prevention recommendations   |
| Goal 3: Increase adoption of healthy lifestyle behaviors based on evidence   |
| Goal 4: Increase the number of communities adopting practices for aging well to help older populations remain in their communities longer                      |
| <b>Thematic Priority: Disease Management</b>   |
| Goal 5: Increase access to dementia benefits for older adults  |
| Goal 6: Promote early detection and diagnosis  |
| Goal 7: Monitor quality of life through treatment  |
| Goal 8: Monitor safety and independence  |
| Goal 9: Increase patient care through dementia benefits utilization  |
| <b>Thematic Priority: Caregiver Support</b>  |
| Goal 10: Increase awareness of support resources for Alzheimer's care administration and delivery  |
| Goal 11: Increase caregivers' awareness of community resources and programs  |
| Goal 12: Increase caregivers' awareness of and access to support, legal and financial services   |
| Goal 13: Increase caregivers' ability to support caregivers  |
| <b>Thematic Priority: Dementia</b>   |
| Goal 14: Support Alzheimer's research  |
| Goal 15: Increase collaboration among AD researchers   |
| Goal 16: Coordinate research data and useful information for physicians and the public   |
| Goal 17: Increase awareness of and access to brain banks   |

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## Priority Goals – Domain Example



### Disease Management

- Goal 5: Improve access to dementia friendly healthcare systems
- Goal 6: Promote early detection and diagnosis
- Goal 7: Maximize quality of life through treatment
- Goal 8: Maintain home safety and independence
- Goal 9: Improve patient care through dementia friendly facilities

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## Priority Goal 6



### Goal 6: Promote early detection and diagnosis

#### **DRAFT**

#### Objective 6.1: Identify persons at risk for cognitive disorders

Strategic Action 1: Promote Medicare Annual Wellness visit to include assessment of mood and cognition

Strategic Action 2: Improve public awareness through related to early diagnosis and intervention

Strategic Action 3: Develop procedures to utilize validated assessment tools when assessing for depression and cognitive impairment

Strategic Action 4: Ensure that policies promoting cognitive assessment include focus on malpractice and malpractice litigation

Strategic Action 5: Promote early detection to the general public through education materials and public service announcements

#### Objective 6.2: Use appropriate diagnostic resources

Strategic Action 1: Promote primary care and specialist adoption of calibrated standards of diagnosis according to national guidelines (e.g., AAN Practice Parameter for Diagnosis of Dementia)

Strategic Action 2: Reduce barriers to access of standard laboratory and diagnostic imaging, including for patients who are underserved or underserved

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## Objective 6.1 (detail)



### Objective 6.1: Identify persons at risk for cognitive disorders

- **Strategic Action 1:** Promote Medicare Annual Wellness visit to include assessments of mood and cognition
- **Strategic Action 2:** Implement public awareness campaign related to early diagnosis and intervention
- **Strategic Action 3:** Encourage providers to use validated assessment tools when assessing for depression and cognitive impairment
- **Strategic Action 4:** Require that policies promoting cognitive assessments include Texans with multilingual and multicultural backgrounds
- **Strategic Action 5:** Promote early detection to the general public through education and public service announcements

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## Five Domain Sections



### Each domain will have a section

- Dementia Friendly Communities
- Prevention & Aging Well
- Disease Management
- Caregiver Support
- Science

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## Basics of Dementia Friendly Communities

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- National movement
- Texas one of only a few statewide efforts
- Olivia Mastery – March 3, 2016
- Community Sector Guides
- Coalition building toolkit
- Videos
- Resources
- Website: [www.dfamerica.org](http://www.dfamerica.org)

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## Community Sector Guides



- You as a Texan
- Caregivers
- Banks and Financial Services
- Neighbors and Community Members
- Legal and Advance Planning Services
- Businesses
- Health Care Throughout the Continuum
- Independent Living
- Long-Term Care
- Communities of Faith
- Legislators
- Government, Community, and Mobility Planning

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## Example of Sector Guide



### Dementia Friendly Financial Services

Democracy managing finances can be an early sign of dementia. Financial service professionals can use dementia-friendly practices to help maintain clients' independence while protecting them from problems such as unpaid expenses, squandered money, or avoidable guardianship and financial abuse, neglect, or exploitation. Dementia-friendly business is good business that will help retain existing clients and attract new ones.

#### Follow the steps. Six Warning Signs Specific to Memory Loss/gripes!

1. Issues in history: Did a caregiver or family member notice changes in behavior, such as forgetfulness, or changes in judgment or decision-making?
2. Communication with documents or record keeping
3. Managing money management skills: keeping or losing transactions in checkbook, or in records filing and registers or checks
4. Dislike or ability to do bank, credit, or other items
5. Difficulty grasping financial concepts that were previously understood
6. Poor judgment with money: such as to make changes in investments or to invest in get-rich-quick schemes

#### Signs of Financial Abuse

- Abuse of money by a third party
- Unusual account withdrawals
- Dislike, dislike to investment or
- Inability to make decisions or
- Signs of intimidation or reluctance to speak to bank or a care partner

#### Spread Dementia-Friendly Principles

- Partner with others in groups, state agencies, and regulators to learn more about, define and encourage dementia-friendly practices
- Share training and experience and spread best practices to promote dementia-friendly practices among other financial professionals

Adapted from Dementia-Friendly Financial Services Model of 12/18/2018, published by...

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- **Limitations for the Advantages of the Relationship**
  - A-3 and 4: clients at the start of the relationship to identify who will make decisions if the client cannot
  - If there is a threat to end-user process to initiate if there is a question about child's condition or to just terminate or appropriate?
  - There's the child has a power of attorney to sign to give that would allow others to make decisions to these kids?
  - Engage and impact clients about end-user and involve all partners in decision-making or appropriate at this point in the process document making notes for the client with documents. Plan for following delivery
  - A-4: secure for proper asset allocation and stability of goods to end services
  - Follow office of law how long with a share in a disability
  - Needs met around with health manager or appropriate or needed with insurance

### Demonstrate Friendly Practices

- **Listen** your customers and **show individual concern**. Be aware of the client that is **most** important that help you most and consider also during the work process.
- **Learn to serve** and **know your people** and **use their language**.
- **Provide a minimum 10-minute appointment** that will save a client's valuable time **just** like in retail and **show your belief** in the value of your service, **be there and give your best**.
- **Keep a number of common phrases** and **words** to **help** in future when it is **needed**. It is **important** that they **have** understood what you **are** saying in a **friendly** way. It is **more** important to **help** and **support** a person who has **lost** the **person**.
- **Be friendly and be a professional**.
- **Provide assistance** and **support** **before** you have **finished** that **show** a **little extra** **effort** and **show** that you **are** **really** **committed** to **help** **people** with **disabilities**.
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Adapted from *Domestic Violence: A Guide for Law Enforcement* by [www.mnhs.org](http://www.mnhs.org)

- What is AD?
- Related cognitive disorders
- Diversity/Underserved
- Trends in AD
- What's going on in Texas
- Prevention education 2-pager
- Glossary of terms
- Appendices
  - Domain & AD info detail
  - Resources
- Other suggestions?

## What's Going on in Texas (detail)



- Texas Council on Alzheimer's Disease and Related Disorders (Council)
- Texas Alzheimer's Research and Care Consortium (TARCC)
- Texas Cares (pilot)
- Health and Human Services (HHS)
  - Area Agency on Aging; Aging and Disability Resource Centers (ADRC)
  - Dementia friendly activities
  - Music program
  - Generations United
- Dementia friendly coalitions
  - Ft. Worth
  - Houston
  - Alzheimer's Association – San Antonio

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## Plan helps Texans in many ways



- Make the most of the resources we have
- Encourage a common language
- Show new ways to take responsibility
- Include non-traditional partners
- Provide framework for projects and grants
- Recommend activities based on current trends and what is known about prevention
- Introduce the dementia friendly concepts
- Promote what is already underway in Texas

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## Implementation



- Council
  - Serve as Ambassadors
  
- Partnership members
  - Become champions in their own communities and organizations
  - Engage in activities from the plan for their own communities
  - Promote the Plan in their communities

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## Implementation cont.



- Dept. of State Health Services (DSHS)
  - Technical assistance to stakeholders
  - Establish partnerships with groups/systems to disseminate the Plan,  
(e.g., Texas A&M, AgriLife, Border Health)
  - Dementia friendly grants
  - Train-the-Trainer event to encourage Champions
  - Webinars for education and sharing success stories
  - Promotion through PSAs and community education

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## Next Steps



- Final Plan by end of January
- Create a plan to roll out step by step over time
- Start initial promotion of the State Plan
  - Webinars
  - Emails
- Look for ways to evaluate our activities
- Explore ways to create dementia friendly certifications for Texas cities

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## Dementia Friendly Community



*A dementia friendly community is where all community members share the responsibility for supporting those living with Alzheimer's and cognitive problems.*

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# Thank You!

Rita Hortenstine

Lynda Taylor, MSW

Co-Chairs, Texas Alzheimer's  
State Plan 2016-2021 Update

# The Seventeen Priority Goals

DRAFT

|   |
|---|
| Dementia Friendly Communities   |
| Goal 1: Increase the number of communities adopting dementia friendly concepts to improve the lives of persons living with dementia and their family caregivers |
| Prevention & Aging Well   |
| Goal 2: Increase awareness of current prevention recommendations  |
| Goal 3: Increase adoption of healthy lifestyle behaviors based on available evidence  |
| Goal 4: Increase the number of communities adopting practices for aging well to help older populations remain in their communities longer                       |
| Disease Management  |
| Goal 5: Improve access to dementia friendly healthcare systems  |
| Goal 6: Promote early detection and diagnosis   |
| Goal 7: Maximize quality of life through treatment  |
| Goal 8: Maintain home safety and independence   |
| Goal 9: Improve patient care through dementia friendly facilities   |
| Caregiver Support   |
| Goal 10: Enhance levels of support through improved access to AD/dementia care information and services   |
| Goal 11: Increase caregivers' awareness of community resources and education  |
| Goal 12: Increase caregivers' awareness of and access to respite, legal and financial services  |
| Goal 13: Increase employers' ability to support caregivers  |
| Science   |
| Goal 14: Support AD research in Texas   |
| Goal 15: Increase collaboration among AD researchers  |
| Goal 16: Translate research data into useful information for physicians and the public  |
| Goal 17: Increase awareness of and access to clinical trials  |

## Goal 6: Promote early detection and diagnosis

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### **Objective 6.1:** Identify persons at risk for cognitive disorders

**Strategic Action 1:** Promote Medicare Annual Wellness visit to include assessments of mood and cognition

**Strategic Action 2:** Implement public awareness campaign related to early diagnosis and intervention

**Strategic Action 3:** Encourage providers to utilize validated assessment tools when assessing for depression and cognitive impairment

**Strategic Action 4:** Require that policies promoting cognitive assessments include Texans with multilingual and multicultural backgrounds

**Strategic Action 5:** Promote early detection to the general public through education materials and public service announcements

### **Objective 6.2:** Use appropriate diagnostic resources

**Strategic Action 1:** Promote primary care and specialist adoption of validated standards of diagnosis according to national guidelines (i.e., AAN Practice Parameter for Diagnosis of Dementia)

**Strategic Action 2:** Reduce barriers to access of standard laboratory and diagnostic imaging, including for patients who are unfunded or underfunded

## **Dementia Friendly Financial Services**

Difficulty managing finances can be an early sign of dementia. Financial services professionals can use dementia friendly practices to help maintain clients' independence while protecting them from problems such as unpaid expenses, squandered resources, avoidable guardianship, and financial abuse, neglect, or exploitation. Dementia friendly business is good business that will help retain existing clients and attract new ones.

### **Follow the steps: Six Warning Signs Specific to Money Management<sup>2</sup>**

1. Lapses in memory that cause people to miss appointments, confuse payments or documents, or repeat orders or questions.
2. Disorganization with documents or record keeping.
3. Worsening money management skills: forgetting to record transactions in checkbook, or incorrectly filling out registers or checks.
4. Decline in ability to do basic math computations.
5. Difficulty grasping financial concepts that were previously understood.
6. Poor judgment with finances such as drastic changes in investment strategy or interest in get-rich-quick schemes.

### **Signs of Financial Abuse<sup>3</sup>**

- Misuse of money by a third party.
- Unusual account withdrawals.
- Drastic shifts in investment style.
- Inability to contact customer or isolation from friends/family.
- Signs of intimidation or reluctance to speak in front of a care partner.

### **Spread Dementia Friendly Principles**

- Partner with advocacy groups, state agencies, and regulators to learn more about, follow and encourage dementia friendly practices.
- Share learning and experiences and spread best practices to promote dementia friendly principles among other financial professionals.

Adapted from Dementia Friendly America® resources found at [www.dfamerica.org](http://www.dfamerica.org).

## **Guidelines to Address Financial Challenges**

- Ask all clients at the start of the relationship to identify who will make decisions if the client cannot.
  1. Is there is a trusted secondary person to contact if there is a question about client's condition or to join conversations as appropriate?
  2. Does the client have a power of attorney or trust in place that would allow others to make investments on their behalf?
- Empower and support clients with dementia and involve care partners in discussions as appropriate as they will take on increased decision making roles for the client with dementia. Plan for declining abilities.
- Advocate for proper asset allocation and suitability of products and services.
- Follow ethical rules for working with a client with a disability.
- Notify and consult with branch manager or supervisor as needed with concerns.

## **Dementia Friendly Practices**

### **Customer service:**

- Know your customers and their individual needs. Put needs of the client first.
- Create conditions that help customers feel comfortable sharing their needs. Listen to client and care partners and seek their feedback.
- Provide a dementia friendly environment that is safe and accessible with quiet places to sit and relax; well-lit hallways; uncluttered spaces; pictures and signs that identify areas such as restrooms.
- Keep records of communications and needs to aid future interactions. If the person discloses that they have dementia, ask if it can be recorded. It is much easier to assist and support a person who has made this known.
- Act lawfully and ethically.

### **Products and services:**

- Provide alternate security/fraud prevention methods that allow access (PINs and passwords are not usually useful for people with dementia).
- Provide financial planning, including money management services, direct deposit, joint accounts, automatic bill pay, power of attorney (created with capacity and protections against abuse), revocable living trusts for complex assets, and estate planning. Good advance planning generally can prevent the need for guardianship.
- Be alert and report financial abuse or harm by monitoring accounts for unusual activity.


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## FACULTY

# RONALD C. PETERSEN, M.D., PH.D.

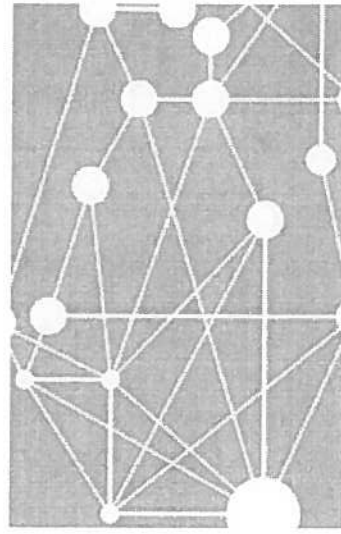


**Location**  
Rochester, Minn  
**Clinical Profile**

## SUMMARY

Ronald C. Petersen, M.D., Ph.D., focuses on investigations of cognition in normal aging, mild cognitive impairment and dementia. Dr. Petersen and his colleagues evaluate cognitive changes in normal aging as well as in a variety of disorders involving impairment in cognition, such as Alzheimer's disease, frontotemporal lobar degeneration and Lewy body dementia.

Dr. Petersen directs the Mayo Clinic Alzheimer's Disease Research Center and the Mayo Clinic Study of Aging, both of which involve the study and


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characterization of aging individuals over time with an emphasis on neuroimaging and biomarkers.

## Focus areas

- Cognitive function in aging
- Disease course in normal aging, mild cognitive impairment and dementia
- Biomarkers of disease processes, including neuroimaging and cerebrospinal fluid
- Cognitive and biomarker signals of early cognitive impairment
- Development of therapies for cognitive impairment

## Significance to patient care

Cognitive dysfunctions, including mild cognitive impairment and dementia, are leading causes of morbidity in aging. With the aging of society, these conditions are becoming increasingly common, and early detection is essential. Ultimately, the interventions will be designed to take place in cognitive dysfunction at its earliest stage.

## Professional highlights

- Member, World Dementia Council, 2014-present
- Chair, Advisory Council on Alzheimer's Research, Care, and Services for the National Alzheimer's Project Act, 2011-present
- Board of directors, The Alzheimer's Association, 2008-present
- Cora Kanow Professor of Alzheimer's Disease Research, Mayo Clinic College of Medicine, 2000-present
- Henry Wisniewski Lifetime Achievement Award, Alzheimer's Association, 2013
- Member, National Advisory Council on Aging, National Institute on Aging (NIA), 2010-2013; Board of Scientific Counselors, NIA, 2003-2008
- Zaven Khachaturian Award, Alzheimer's Association, 2012

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## PERELMAN SCHOOL OF MEDICINE / FACULTY SEARCH / GERARD D SCHELLENBERG

## Gerard D Schellenberg, Ph.D.



Professor of Pathology and Laboratory Medicine

Department: Pathology and Laboratory Medicine

Graduate Group Affiliations

- Neuroscience
- Genomics and Computational Biology

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## Education:

B.S. (Biochemistry/minor: Cell Biology)

University of California at Riverside, Riverside, California, 1973.

Ph.D. (Biochemistry/minor: Cell Biology)

University of California at Riverside, Riverside, California, 1978.

Permanent link

## Selected Publications

Kouri N, Ross OA, Dombroski B, Younkin CS, Serie DJ, Soto-Ortolaza A, Baker M, Finch NC, Yoon H, Kim J, Fujioka S, McLean CA, Ghetti B, Spina S, Cantwell LB, Farlow MR, Grafman J, Huey ED, Ryung Han M, Beecher S, Geller ET, Kretschmar HA, Roeber S, Gearing M, Juncos JL, Vonsattel JP, Van Deerlin VM, Grossman M, Hurtig HI, Gross RG, Arnold SE, Trojanowski JQ, Lee VM, Wenning GK, White CL, Höglinger GU, Müller U, Devlin B, Golbe LI, Crook J, Parisi JE, Boeve BF, Josephs KA, Wszolek ZK, Uitti RJ, Graff-Radford NR, Litvan I, Younkin SG, Wang LS, Ertekin-Taner N, Rademakers R, Hakonarson H, Schellenberg GD, Dickson DW.: *Genome-wide association study of corticobasal degeneration identifies risk variants shared with progressive supranuclear palsy*. Nat Commun. 6: 7247, Jun 2015.

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## Faculty

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Dr. Galasko is a clinician-researcher who focuses on Alzheimer's Disease, Parkinson's Disease and other disorders resulting in cognitive impairment and dementia. He currently serves as Director of the UCSD Shiley-Marcos Alzheimer's Disease Research Center (ADRC). He is a member of the Alzheimer's Disease Cooperative Study, a NIH-funded consortium of medical Centers that conducts clinical trials in Alzheimer's Disease.

In clinical practice, he provides expert evaluation and comprehensive care for patients with memory and cognitive disorders, including Alzheimer's Disease, Frontotemporal Dementia, Progressive Aphasia, and Dementia with Lewy Bodies, at the UCSD Perlman Neurology Clinic.

He also is a Staff Physician in the Neurology Service of the VA Medical Center, La Jolla, where he sees patients with a variety of neurological disorders.

Dr. Galasko has made significant original research contributions in the area of Alzheimer's disease (AD), dementia with Lewy bodies (DLB) and other disorders associated with cognitive impairment and dementia. He has authored 250 journal articles, over 30 book chapters, and serves as Co-Editor of the journal Alzheimer's Research and Therapy. He has served on committees to develop diagnostic criteria for Dementia with Lewy Bodies and to standardize biological sample collection for multicenter research studies.

He has received research funding from the National Institute on Aging, the State of California, the Alzheimer Association, the Michael J Fox Foundation and the Alzheimer's Disease Drug Discovery Foundation. He also has conducted clinical trials with funding from Pfizer, Elan, and Eli Lilly, Inc.

He serves as a grant reviewer for the National Institutes of Health, the Veterans Administration, and Foundations that include the Michael J Fox Foundation, the Bright Focus Foundation, and the American Federation for Aging Research. He serves on advisory boards for academic research groups and pharmaceutical companies.

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## Kristine Yaffe, MD



**Title** Professor of Psychiatry, Neurology and Epidemiology  
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### Kristine's Networks

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Alzheimer Disease  
 Dementia  
 Cognition Disorders  
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Byers, Amy  
 Covinsky, Kenneth  
 Gardner, Raquel  
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Miller, Bruce  
 Cummings, Steve  
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### Education and Training

|   |           |                          |
|---|-----------|--------------------------|
| Yale University                         | BS        | Biology-Psychology       |
| University of Pennsylvania              | M.D.      | School of Medicine       |
| University of California, San Francisco | Residency | Neurology and Psychiatry |

### Overview

Kristine Yaffe, MD, is a Professor of Psychiatry, Neurology and Epidemiology, the Roy and Marie Scola Endowed Chair and Vice Chair of Research in Psychiatry at UCSF. Dr. Yaffe is dually trained in neurology and psychiatry and completed postdoctoral training in epidemiology and geriatric psychiatry, all at UCSF. In addition to her positions at UCSF, Dr. Yaffe is the Chief of Geriatric Psychiatry and the Director of the Memory Disorders Clinic at the San Francisco Veteran's Affairs Medical Center. In her research, clinical work, and mentoring, she has worked towards improving the care of patients with cognitive disorders and other geriatric neuropsychiatric conditions.

Dr. Yaffe's research has focused on the predictors and outcomes of cognitive decline and dementia in older adults. She is particularly interested in identifying novel risk factors for cognitive impairment that may lea ... [Show more](#) +

### Websites

[The Kristine Yaffe Lab](#)  
[Sugar Science](#)

### In The News

[Long-term marijuana use associated with worse verbal memory in middle age \(February 2, 2016\)](#)  
[New research connects low physical activity levels with decline in midlife cognitive function \(December 4, 2015\)](#)

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## EAC Recommendations

### June 5-6, 2016 Review of TARCC

#### Cohort

1. Concerned about the lack of homogeneity of the cohort and uniformity of diagnoses - perform an intra-site reliability exercise across sites for consensus diagnosis, including MCI subcategories.
2. Consider a diagnostic reliability exercise between the UTHSC SA and UNTHSC MA cohorts. Has not been done per Barber. See footnote 1
3. Are sites different clinically, if yes we need to know why.
4. Are we convinced that we are diagnosing clinical AD, particularly with respect to Mexican Americans?
5. Hispanic NORMS are used at UTHSCSA that were developed by O'Bryant. If all sites enroll MAs, do they use Sid's NORMS, and should they be included in the TARCC battery?
6. Evaluate consensus process at all sites.
7. Concerned that the TARCC cohort is not deeply clinically phenotyped. Stated you can't presume MCI in TARCC is due to AD pathology.
8. - Critical that converters across sites are classified the same way. Joan has been looking at this.
9. Deficiency of cohort – biomarkers. Note Rachele wants entire cohort characterized on Ballantyne analytes on at least two time points, three preferable. Discussion – is it too expensive to catch up at this point? Is it priority?
10. We are playing catch up with biomarkers, which is difficult.
11. The strongest advice is to leverage the Mexican American cohort by spreading Mexican American enrollment across all sites.
12. Something to meet challenges of great distances may be needed – look at technological opportunities – home and web based assessments.
13. No imaging, CSF or neuropathology - All other national studies have these. Imaging is critical, at least MRI based protocols.
14. UT Austin should consider a special imaging project for a subset of TARCC participants.
15. Need to ensure that our consent form allows for genetic sequencing (Marilyn Miller is contact at NIH).
16. New aims need to be developed that take advantage of work to date.

Rec 1

17. Individual sites are well developed, but the whole needs to be emphasized. Is the sum greater than its parts? Need to dig deeper into biomarkers, reliability, and a strategy for getting TARCC on the map. Multi-site trial network might be of interest.

18. More cross pollination is desirable.

### **Staffing**

1. Add Joan (Data Center) and Ryan (Tissue Bank) to Steering Committee calls.
2. Is adequate professional time allocated at all sites?
3. Processing time is on the order of ~4-5 months for error checks and corrected packets.

### **Productivity**

1. Manuscript productivity needed in high impact journals.
2. More work and thought needs to be put into multi-site proposals – incorporate into strategic plan.
3. Grants need to be submitted on entire TARCC cohort - Value of a program is indicated by the number of R01s that spin off.
4. Inform Dallas Anderson at NIH of our MA cohort and what we do.

### **Other**

1. EAC should meet annually.
2. A state AD conference with a TARCC focus should be considered.

### **Recommendation to the Texas Council**

It is strongly suggested that the Council choose and work with a site to locate a nationally prominent senior scientist with expertise in AD and related dementias to be part of the Neurology faculty at the medical school and a significant % of time to senior science for TARCC and that the Council supplement holding cost for the position as financially necessary.

*Pic. 2*